



nelottery.com

PROTECT YOURSELF FROM LOTTERY SCAMS

Scam artists often impersonate Lottery, Powerball® and Mega Millions® officials to steal people's identities, credit card numbers, banking information and cash.

Always Remember

- The Lottery would NEVER charge you to get your prize.
- A Lottery official would NEVER personally contact you about winning a jackpot.
- A Lottery official would NEVER ask you for money up front.
- There's NO WAY to win a Lottery prize if you didn't play a Lottery game.

Helpful Tips

- Ignore all messages or phone calls from unknown individuals or entities soliciting money from you. Also ignore requests for personal or financial information.
- To report a suspicious contact, call the Nebraska Lottery at 800-587-5200. For more information about various types of consumer fraud, call the Attorney General's Consumer Protection Division at 800-727-6432.
- Information about claiming a Nebraska Lottery prize is available at nelottery.com or by calling 800-587-5200.

BEYOND THE GAMES

Lottery Player Resources

- Problem Gambling Assistance
- Know Your Limit
- Protect Yourself from Lottery Scams

**Nebraska Problem
Gambling Helpline**

833-BETOVER (238-6837)

problemgambling.nebraska.gov

PROBLEM GAMBLING ASSISTANCE

Of the general adult population, 2-3.5% will experience a problem with gambling in their lifetime. If you answer yes to any of the following questions, you may have a gambling problem.

- During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?
- During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?
- During the past 12 months, did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or government assistance?

Help is Available

If you're concerned that you, or someone you know, has a gambling problem, free help is available.

- Call the Nebraska Problem Gambling Helpline at **833-BETOVER (238-6837)**. Your call will be answered 24/7. Many people call just to talk through their concerns.
- Explore additional resources at **problemgambling.nebraska.gov**. Professional help is paid for and confidential for Nebraskans and their families.

If you decide you could use the help of confidential, professional counseling with a certified problem-gambling counselor, the State of Nebraska pays the full cost of counseling for Nebraskans and their families. Working with a trained counselor helped 92% of Nebraska clients reduce their gambling, and 78% reduced their gambling debt.

KNOW YOUR LIMIT

Gambling can be an enjoyable source of entertainment. However, for some people, it can lead to negative consequences. Learning about human behavior when we gamble will help most players avoid developing a serious addiction.

Gamble Only What You Can Lose

- Play for entertainment only and remember that both winning and losing are part of gambling.
- Know the odds. You can view the odds of winning Nebraska Lottery Scratch and Lotto games at nelottery.com. The odds remain the same, regardless of how many tickets are purchased or how many people play.
- Set a time limit for yourself and use money set aside only for gambling. Stop playing once you reach your limits.

When You Gamble

The best gambling advice is to stay within your budget and your time limit. Most of us gamble for entertainment. When we win, it's a shot of feel-good hormones straight to our brains, and we want more of that feeling. Some people play away their winnings and spend more time than they planned, just to see if they can catch that charged feeling of winning.